

## Parent and Spectator Checklist: Phase 1 – Return to Train

## Parents:

- Do not allow your player to participate if they have flu-like symptoms, have been in contact with anyone who is sick
- Respect the rules and adhere to the directions of the health and safety coordinator
- Read the Return to Train and Play Protocol and remind players to adhere to the restrictions
- Do not send the player with sunflower seeds, gum, etc.
- Ensure player has their own equipment and water bottle
- Ensure player has sanitization supplies, as needed
- Ensure player understands how to Social Distance and Sanitize
- Ensure player has means of transportations Ride sharing is discouraged

## Spectators:

- Follow all signage at the Ballpark
- Arrival and depart on time to avoid large group gatherings
- Always Social Distance (6ft)
- Sanitize your hands upon arrival to the Ballpark
- Assist to ensure that no more than 30 people attend each session or whatever the current social gathering limit is. This may require people to be absent at the training session
- Respect benches and bleacher markings for Social Distancing (6 ft)
- Do not touch any maintenance or sport equipment
- Take your own garbage home with you

Thank you for your dedication and cooperation. Have a great summer of baseball!