

BASEBALL SASK

2021 RETURN TO TRAIN & PLAY PROTOCOL

SEPTEMBER 17, 2021



NOTE: ALL UPDATES IN THIS RELEASE WILL BE HIGHLIGHTED IN YELLOW

UPDATE ON BASEBALL SASK SANCTIONED ACTIVITIES IN SASKATCHEWAN

Should we receive further details from the Government of Saskatchewan and Saskatchewan Health Authority, we will be sure to keep our membership updated in this document.

For the time being, please see detailed below what is and is not currently allowed based on the Re-Open Saskatchewan Plan.

BASEBALL SASK OUTDOOR ACTIVITIES

- Participants may not compete if they are feeling unwell.
- Players and coaches should be encouraged to screen for COVID-19 symptoms prior to arriving to practice and play.
- Participants can wear a mask should they wish and feel more comfortable with one on.
- Games and tournaments are allowed to be played.
- Individual and protective equipment should not be shared. When helmets and bats or other equipment are shared, cleaning and disinfecting must occur between each use.
- Commonly touched equipment used for game play (e.g. game ball, bat) is routinely replaced or disinfected during the course of practice or play. It may be a good idea that the defensive teams provide their own game balls. This way only their teams will be touching the baseballs.
- Physical distancing in the dugouts is encouraged.
- Spectators must remain in designated areas. Masks are not required to be worn outdoors under the public health order, but they may be worn if spectators are more comfortable with that layer of protection.
- Hand sanitizer approved by Health Canada (DIN or NPN) or soap and water handwashing stations should be available for participants and spectators.
- No sharing of water bottles.
- Public washrooms, when available, are cleaned and disinfected regularly, and soap and water or hand sanitizer is available.
- Contact information of the coaches, officials and players should be recorded by the teams and maintained in order to assist with contact tracing for 30 days in the case of a confirmed case of COVID-19.

However, depending on where you are located, you will need to contact your local Minor Ball Club to see what their position is on Outdoor Training and Games. Based on the local Covid-19 situation, they may not be in a position to allow this yet and they will make the decisions at the local level.

BASEBALL SASK INDOOR ACTIVITIES

Mandatory Masking Indoor Public Spaces

Effective Friday, September 17, 2021 an interim province-wide mandatory masking order will be implemented for all indoor public spaces.

Indoor public spaces are any enclosed space other than a private home or dwelling. This may include but is not exclusive to workplaces, retail locations, recreational venues, eating and dining establishments and professional buildings. "Indoor public spaces" includes those areas of a business or venue that are restricted to staff only (areas where there is no access for the public).

- Non-medical masks are required in all indoor public spaces in Saskatchewan.
- Exempt from the masking order will be indoor youth athletics for those under the age of 18 (this
 means 17 and younger) while they are actively engaged in athletic activity. Masking in venues
 hosting youth athletics will remain required for general entry and exit into the facility, along
 with for spectators.
- Learn more at: saskatchewan.ca/masks
- Participants may not compete if they are feeling unwell.
- Players and coaches should be encouraged to screen for COVID-19 symptoms prior to arriving to practice and play.
- Individual and protective equipment should not be shared. When helmets and bats or other equipment are shared, cleaning and disinfecting must occur between each use.
- Commonly touched equipment used for game play (e.g. game ball, bat) is routinely replaced or disinfected during the course of practice or play. It may be a good idea that the defensive teams provide their own game balls. This way only their teams will be touching the baseballs.
- Hand sanitizer approved by Health Canada (DIN or NPN) or soap and water handwashing stations should be available for participants and spectators.
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- Public washrooms, when available, are cleaned and disinfected regularly, and soap and water or hand sanitizer is available.
- Contact information of the coaches, officials and players should be recorded by the teams and maintained in order to assist with contact tracing for 30 days in the case of a confirmed case of COVID-19.

However, depending on where you are located, you will need to contact your local Minor Ball Club to see what their position is on Indoor Training. Based on the local Covid-19 situation, they may not be in a position to allow this yet and they will make the decisions at the local level.

Guidelines for General Operation

- Designate one or more people to be responsible for ensuring compliance with these guidelines. This should not be someone engaged in other critical duties (e.g. coach, manager, instructor).
- Signage should be posted to caution patrons about the risks of COVID-19.

• Encourage patrons to limit their time spent in the facility, as well as maintain physical distancing when returning to their vehicles or homes.

Participant Health and Illness

- Patrons/staff who are sick or symptomatic must not enter/participate. Participants, spectators and volunteers should use the Government of Saskatchewan's self-assessment tool for COVID19 and follow the subsequent directions.
- Participants, coaches, instructors and spectators should continuously self-monitor.
- Organizers must keep a record of attendees. All players, spectators, staff and volunteers should be provided with a sign-in on arrival option, with name, phone number and/or email to facilitate contact tracing, if necessary. Records of attendance must be retained for a minimum of one month. Where possible, do not use a common pen. Providing this information is voluntary for attendees and can only be used for the purposes of COVID-19 contact tracing.
- If a person becomes sick, they should immediately stop participating and return home.
- If a person becomes sick or injured, and first aid or further care is required:
 - \circ Try to limit the number of individuals in contact with the sick person.
 - Keep a mask over the individual's mouth and nose if they are not able to do so. Maintain a safe distance while the mask remains in place.
- First aid providers caring for people should follow standard precautions. Those who provide direct care requiring close or direct contact must wear a mask.
- Following care, first aid providers should discard the mask and gloves following standard procedures and perform hand hygiene.

Cleaning, Disinfection and Hand Hygiene (Indoor and Outdoor)

- Increase the frequency of cleaning and disinfecting of commonly touched surfaces and shared equipment, such as vending machines, water fountain handles, doorknobs, handrails, light switches, countertops, tables, equipment handles and consoles.
- All frequently touched surfaces should be cleaned and disinfected prior to a new group being provided access to field space, including benches, dugouts, bleachers, railings, picnic areas, gates, etc.
- Encourage participants to bring their own equipment to the facility.
- Participant-owned equipment, including sport gloves, should be visibly clean.
- Shared equipment (e.g. baseball gloves, baseballs, bats, etc.) must be disinfected frequently.
- Participants should clean their hands before and after using shared equipment
- Hand hygiene should be performed prior to play and contacting shared equipment, as well as through the duration of the activity (i.e. intermissions, breaks, etc.) and at the end.

NOTE

The information in this document may change at any time based on any new updates made by the Government of Saskatchewan and Saskatchewan Health Authority. The most recent version will be dated on the cover page of this document.

The latest information will always be found in the link below from the Baseball Sask website:

https://www.baseballsask.ca/about/return-to-train-and-play-covid-19